

The Shoreline

November 2007

Holiday Harbor-Wilmington

310-835-3952

Hopefully, You'll Never Need It ...

but in case you do, we have purchased an **Automated External Home Defibrillator** for our marina. According to the American Heart Association, an estimated 400,000 more lives could be saved each year if defibrillators were more widely available which is exactly why we've decided to make one available to our boaters. Here's another fact: 50% of males and 64% of females who experience Sudden Cardiac Arrest (SCA) have no prior symptoms of heart disease and CPR alone can't save the life of someone in cardiac arrest.

If there should be an emergency situation, please contact our Marina Office for assistance, after calling 911. Our trained staff will follow the defibrillator's voice instructions while it senses and adapts to any action taken, provides CPR coaching and decides if a heart rhythm is shockable. (NOTE: If it does not detect a shockable heart rhythm, it will NOT prompt the operator to deliver a shock). When a life-threatening emergency occurs, time is of the essence, especially when Sudden Cardiac Arrest is involved. Remember that our staff is trained and equipped to help!

By the way, did you know that Jerry, your Marina Manager, was assigned to the Emergency Services Detail, a specialized unit of the Los Angeles County Sheriff's Department for twenty-five (25) years? You're definitely in good hands!

Chili Peppers Anyone?

The Festival Anual del Chile - Hot Chili Peppers Annual Festival is "hot, hot, hot" and will be held on Saturday, November 3rd from Noon to 10 P.M. at J.C. Park located at Figueroa Street and Lomita Boulevard in Wilmington. The free annual festival includes different type of foods, a variety of the world's hot peppers (fresh and preserved), free health screenings, free gifts, Carnival Rides, Games and a variety of products, services and information. Featured hot chili peppers will include: Jalapeño, Habanero, Serrano, Poblano, New Mexico, Thai, Cayenne, Wax, Bell Pepper, Peperoncini, etc. For further information, contact (818) 734-2744.

Los Angeles Harbor "Holiday Afloat" Parade

This may seem a bit early but the annual event will be taking place in the Main Channel on **December 1st at 6:00 PM.** Public viewing areas including Banning's Landing (100 East Water Street, Wilmington), the Los Angeles Maritime Museum (Berth 84, San Pedro) and Ports O' Call (Berths 76-79, San Pedro). For information or further details, call 310-549-8111 or 1-800-831-PORT.

Before You Leave for Your Trip

- **Check** to see if the boat's lights and horn work properly.
- **Check** all necessary safety equipment.
- **Check** that you have a backup power source and bailing equipment. A backup power source may include paddles, oars or a backup engine.
- **Check** to see that a U.S. Coast Guard-approved personal flotation device (PFD) is on board for every passenger.
- **Check** to see that all gear is stowed in the proper place.
- **Check** the capacity plate for the maximum number of people, maximum weight capacity and maximum horsepower recommended for the boat. The capacity plate is located near the operator's seat.
- **Check** the overall condition of the boat, including the engine, hull and structure.
- **Check** that all passengers know where PFD's and safety equipment are stored.
- **Check** to make sure your passengers know what to do in case of an emergency.
- **Check** to see that you have enough distance (freeboard) between the waterline and the gunwale. If not, your boat is overloaded.
- **Check** the direction of the wind and current.
- **Check** the area to make sure it is clear of other traffic. Proceed slowly to reduce the wake and observe wake-free zones (5 mph).

Excerpted from A Course for Safe Boating published by the California Department of Boating and Waterways.